

2011

Montana Youth Risk Behavior Survey

Grades 7-8

☞ 2011 Frequency Distributions
☞ 1999-2011 Trend Data

Montana Office of Public Instruction
Health Enhancement and Safety Division
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Montana
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Denise Juneau, State Superintendent

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2011 MONTANA YOUTH RISK BEHAVIOR SURVEY MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

The following frequency distributions are based upon surveys with 9,032 middle school students in Montana during February of 2011. Frequency distributions may not total 9,032 due to nonresponse and percents may not total 100 percent due to rounding.

<i>Q-1. How old are you?</i>	<u>Count</u>	<u>Percent</u>
a. 10 years old or younger	14	0.2%
b. 11 years old	20	0.2%
c. 12 years old	1,617	18.0%
d. 13 years old	4,285	47.7%
e. 14 years old	2,838	31.6%
f. 15 years old	202	2.2%
g. 16 years old or older	14	0.2%
Total	8,990	100.0%

<i>Q-2. What is your sex?</i>	<u>Count</u>	<u>Percent</u>
a. Female	4,340	48.4%
b. Male	4,632	51.6%
Total	8,972	100.0%

<i>Q-3. In what grade are you?</i>	<u>Count</u>	<u>Percent</u>
a. 7th grade	4,284	48.2%
b. 8th grade	4,600	51.8%
Total	8,884	100.0%

<i>Q-4. Are you Hispanic or Latino?</i>	<u>Count</u>	<u>Percent</u>
a. Yes	782	8.9%
b. No	8,004	91.1%
Total	8,786	100.0%

<i>Q-5. What is your race?</i>	<u>Count</u>	<u>Percent</u>
a. American Indian or Alaskan Native	1,296	14.3%
b. Asian	237	2.6%
c. Black or African American	283	3.1%
d. Native Hawaiian or Other Pacific Islander	148	1.6%
e. White	7,505	83.1%
(More than one response allowed)	Total	9,469
		104.8%

<i>Q-6. When you rode a bicycle during the past 12 months, how often did you wear a helmet?</i>	<u>Count</u>	<u>Percent</u>
a. I did not ride a bicycle during the past 12 months	1,150	12.8%
b. Never wore a helmet	4,800	53.6%
c. Rarely wore a helmet	1,009	11.3%
d. Sometimes wore a helmet	600	6.7%
e. Most of the time wore a helmet	684	7.6%
f. Always wore a helmet	712	8.0%
Total	8,955	100.0%

2011 MONTANA YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

<i>Q-7. How often do you wear a seat belt when riding in a car?</i>	<u>Count</u>	<u>Percent</u>
a. Never	284	3.2%
b. Rarely	546	6.1%
c. Sometimes	1,067	12.0%
d. Most of the time	2,682	30.1%
e. Always	4,338	48.6%
Total	8,917	100.0%

<i>Q-8. How often do you wear a seat belt when driving a car?</i>	<u>Count</u>	<u>Percent</u>
a. Never	1,985	25.3%
b. Rarely	342	4.4%
c. Sometimes	460	5.9%
d. Most of the time	889	11.3%
e. Always	4,173	53.2%
Total	7,849	100.0%

<i>Q-9. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?</i>	<u>Count</u>	<u>Percent</u>
a. 0 times	7,028	78.8%
b. 1 time	661	7.4%
c. 2 or 3 times	622	7.0%
d. 4 or 5 times	178	2.0%
e. 6 or more times	434	4.9%
Total	8,923	100.0%

<i>Q-10. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club?</i>	<u>Count</u>	<u>Percent</u>
a. 0 days	6,794	76.2%
b. 1 day	514	5.8%
c. 2 or 3 days	581	6.5%
d. 4 or 5 days	235	2.6%
e. 6 or more days	797	8.9%
Total	8,921	100.0%

<i>Q-11. During the past 30 days, on how many days did you carry a gun?</i>	<u>Count</u>	<u>Percent</u>
a. 0 days	7,945	88.9%
b. 1 day	400	4.5%
c. 2 or 3 days	280	3.1%
d. 4 or 5 days	90	1.0%
e. 6 or more days	219	2.5%
Total	8,934	100.0%

<i>Q-12. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?</i>	<u>Count</u>	<u>Percent</u>
a. 0 days	8,497	94.5%
b. 1 day	202	2.2%
c. 2 or 3 days	95	1.1%
d. 4 or 5 days	39	0.4%
e. 6 or more days	163	1.8%
Total	8,996	100.0%

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MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

Q-13. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?	<u>Count</u>	<u>Percent</u>
a. 0 days	8,375	93.3%
b. 1 day	333	3.7%
c. 2 or 3 days	142	1.6%
d. 4 or 5 days	44	0.5%
e. 6 or more days	78	0.9%
Total	8,972	100.0%
Q-14. During the past 12 months, has someone stolen or deliberately damaged your property such as your car, clothing, or books on school property?	<u>Count</u>	<u>Percent</u>
a. Yes	2,102	23.6%
b. No	6,788	76.4%
Total	8,890	100.0%
Q-15. During the past 12 months, has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?	<u>Count</u>	<u>Percent</u>
a. Yes	562	6.3%
b. No	8,408	93.7%
Total	8,970	100.0%
Q-16. During the past 12 months, have you ever been in a physical fight?	<u>Count</u>	<u>Percent</u>
a. Yes	2,870	32.2%
b. No	6,054	67.8%
Total	8,924	100.0%
Q-17. During the past 12 months, have you ever been in a physical fight in which you were hurt and had to be treated by a doctor or nurse?	<u>Count</u>	<u>Percent</u>
a. Yes	252	2.8%
b. No	8,710	97.2%
Total	8,962	100.0%
Q-18. During the past 12 months, have you ever been in a physical fight on school property?	<u>Count</u>	<u>Percent</u>
a. Yes	1,308	14.6%
b. No	7,664	85.4%
Total	8,972	100.0%
Q-19. Have you ever been bullied on school property?	<u>Count</u>	<u>Percent</u>
a. Yes	4,491	50.2%
b. No	4,460	49.8%
Total	8,951	100.0%
Q-20. Have you ever been electronically bullied? (Include being bullied through e-mail, chat rooms, instant messaging, Web sites, or texting.)	<u>Count</u>	<u>Percent</u>
a. Yes	2,135	23.8%
b. No	6,822	76.2%
Total	8,957	100.0%

2011 MONTANA YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

Q-21. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	<u>Count</u>	<u>Percent</u>
a. Yes	1,918	21.3%
b. No	7,071	78.7%
Total	8,989	100.0%
Q-22. During the past 12 months, did you ever seriously consider attempting suicide?	<u>Count</u>	<u>Percent</u>
a. Yes	1,199	13.4%
b. No	7,757	86.6%
Total	8,956	100.0%
Q-23. During the past 12 months, did you make a plan about how you would attempt suicide?	<u>Count</u>	<u>Percent</u>
a. Yes	988	11.1%
b. No	7,921	88.9%
Total	8,909	100.0%
Q-24. During the past 12 months, how many times did you actually attempt suicide?	<u>Count</u>	<u>Percent</u>
a. 0 times	8,002	89.2%
b. 1 time	647	7.2%
c. 2 or 3 times	195	2.2%
d. 4 or 5 times	39	0.4%
e. 6 or more times	83	0.9%
Total	8,966	100.0%
Q-25. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?	<u>Count</u>	<u>Percent</u>
a. I did not attempt suicide during the past 12 months	7,657	85.6%
b. Yes	291	3.3%
c. No	999	11.2%
Total	8,947	100.0%
Q-26. Have you ever tried cigarette smoking, even one or two puffs?	<u>Count</u>	<u>Percent</u>
a. Yes	1,944	22.0%
b. No	6,904	78.0%
Total	8,848	100.0%
Q-27. How old were you when you smoked a whole cigarette for the first time?	<u>Count</u>	<u>Percent</u>
a. I have never smoked a whole cigarette	7,518	84.9%
b. 8 years old or younger	290	3.3%
c. 9 years old	101	1.1%
d. 10 years old	135	1.5%
e. 11 years old	184	2.1%
f. 12 years old	279	3.2%
g. 13 years old or older	348	3.9%
Total	8,855	100.0%

2011 MONTANA YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

<i>Q-28. During the past 30 days, on how many days did you smoke cigarettes?</i>	<u>Count</u>	<u>Percent</u>
a. 0 days	8,285	92.5%
b. 1 or 2 days	282	3.1%
c. 3 to 5 days	108	1.2%
d. 6 to 9 days	58	0.6%
e. 10 to 19 days	62	0.7%
f. 20 to 29 days	45	0.5%
g. All 30 days	116	1.3%
Total	8,956	100.0%

<i>Q-29. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?</i>	<u>Count</u>	<u>Percent</u>
a. I did not smoke cigarettes during the past 30 days	8,223	92.7%
b. Less than 1 cigarette per day	242	2.7%
c. 1 cigarette per day	140	1.6%
d. 2 to 5 cigarettes per day	166	1.9%
e. 6 to 10 cigarettes per day	36	0.4%
f. 11 to 20 cigarettes per day	16	0.2%
g. More than 20 cigarettes per day	43	0.5%
Total	8,866	100.0%

<i>Q-30. During the past 30 days, how did you usually get your own cigarettes? (Select only one response.)</i>	<u>Count</u>	<u>Percent</u>
a. I did not smoke cigarettes during the past 30 days	8,227	91.9%
b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station	51	0.6%
c. I bought them from a vending machine	18	0.2%
d. I gave someone else money to buy them for me	121	1.4%
e. I borrowed (or bummed) them from someone else	166	1.9%
f. A person 18 years old or older gave them to me	58	0.6%
g. I took them from a store or family member	133	1.5%
h. I got them some other way	176	2.0%
Total	8,950	100.0%

<i>Q-31. During the past 30 days, on how many days did you smoke cigarettes on school property?</i>	<u>Count</u>	<u>Percent</u>
a. 0 days	8,725	97.3%
b. 1 or 2 days	119	1.3%
c. 3 to 5 days	35	0.4%
d. 6 to 9 days	25	0.3%
e. 10 to 19 days	10	0.1%
f. 20 to 29 days	6	0.1%
g. All 30 days	46	0.5%
Total	8,966	100.0%

<i>Q-32. Have you ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days?</i>	<u>Count</u>	<u>Percent</u>
a. Yes	633	7.1%
b. No	8,257	92.9%
Total	8,890	100.0%

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MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

<i>Q-33. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garret, Beechnut, Skoal, Skoal Bandits, or Copenhagen?</i>	<u>Count</u>	<u>Percent</u>
a. 0 days	8,494	94.8%
b. 1 or 2 days	230	2.6%
c. 3 to 5 days	71	0.8%
d. 6 to 9 days	37	0.4%
e. 10 to 19 days	30	0.3%
f. 20 to 29 days	19	0.2%
g. All 30 days	78	0.9%
Total	8,959	100.0%

<i>Q-34. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property?</i>	<u>Count</u>	<u>Percent</u>
a. 0 days	8,694	97.2%
b. 1 or 2 days	130	1.5%
c. 3 to 5 days	40	0.4%
d. 6 to 9 days	15	0.2%
e. 10 to 19 days	16	0.2%
f. 20 to 29 days	11	0.1%
g. All 30 days	42	0.5%
Total	8,948	100.0%

<i>Q-35. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?</i>	<u>Count</u>	<u>Percent</u>
a. 0 days	8,520	95.8%
b. 1 or 2 days	194	2.2%
c. 3 to 5 days	54	0.6%
d. 6 to 9 days	38	0.4%
e. 10 to 19 days	21	0.2%
f. 20 to 29 days	10	0.1%
g. All 30 days	57	0.6%
Total	8,894	100.0%

<i>Q-36. Have you ever had a drink of alcohol, other than a few sips?</i>	<u>Count</u>	<u>Percent</u>
a. Yes	3,189	35.8%
b. No	5,725	64.2%
Total	8,914	100.0%

<i>Q-37. How old were you when you had your first drink of alcohol other than a few sips?</i>	<u>Count</u>	<u>Percent</u>
a. I have never had a drink of alcohol other than a few sips	5,770	65.3%
b. 8 years old or younger	631	7.1%
c. 9 years old	213	2.4%
d. 10 years old	342	3.9%
e. 11 years old	416	4.7%
f. 12 years old	680	7.7%
g. 13 years old or older	790	8.9%
Total	8,842	100.0%

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MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

<i>Q-38. During the past 30 days, on how many days did you have at least one drink of alcohol?</i>	<u>Count</u>	<u>Percent</u>
a. 0 days	7,509	84.5%
b. 1 or 2 days	828	9.3%
c. 3 to 5 days	236	2.7%
d. 6 to 9 days	138	1.6%
e. 10 to 19 days	81	0.9%
f. 20 to 29 days	29	0.3%
g. All 30 days	68	0.8%
Total	8,889	100.0%

<i>Q-39. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?</i>	<u>Count</u>	<u>Percent</u>
a. 0 days	8,216	91.7%
b. 1 day	328	3.7%
c. 2 days	175	2.0%
d. 3 to 5 days	107	1.2%
e. 6 to 9 days	44	0.5%
f. 10 to 19 days	25	0.3%
g. 20 or more days	68	0.8%
Total	8,963	100.0%

<i>Q-40. During the past 30 days, how did you usually get the alcohol you drank?</i>	<u>Count</u>	<u>Percent</u>
a. I did not drink alcohol during the past 30 days	7,473	83.9%
b. I bought it in a store such as a liquor store, convenience store, supermarket, discount store, or gas station	55	0.6%
c. I bought it at a restaurant, bar, or club	14	0.2%
d. I bought it at a public event such as a concert or sporting event	14	0.2%
e. I gave someone else money to buy it for me	138	1.5%
f. Someone gave it to me	462	5.2%
g. I took it from a store or family member	288	3.2%
h. I got it some other way	465	5.2%
Total	8,909	100.0%

<i>Q-41. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?</i>	<u>Count</u>	<u>Percent</u>
a. 0 days	8,635	97.1%
b. 1 or 2 days	142	1.6%
c. 3 to 5 days	28	0.3%
d. 6 to 9 days	16	0.2%
e. 10 to 19 days	14	0.2%
f. 20 to 29 days	12	0.1%
g. All 30 days	45	0.5%
Total	8,892	100.0%

<i>Q-42. Have you ever used marijuana?</i>	<u>Count</u>	<u>Percent</u>
a. Yes	1,367	15.3%
b. No	7,587	84.7%
Total	8,954	100.0%

2011 MONTANA YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

<i>Q-43. How old were you when you tried marijuana for the first time?</i>	<u>Count</u>	<u>Percent</u>
a. I have never tried marijuana	7,673	85.7%
b. 8 years old or younger	264	2.9%
c. 9 years old	51	0.6%
d. 10 years old	93	1.0%
e. 11 years old	160	1.8%
f. 12 years old	309	3.5%
g. 13 years old or older	406	4.5%
Total	8,956	100.0%

<i>Q-44. During the past 30 days, how many times did you use marijuana?</i>	<u>Count</u>	<u>Percent</u>
a. 0 times	8,082	91.0%
b. 1 or 2 times	309	3.5%
c. 3 to 9 times	165	1.9%
d. 10 to 19 times	99	1.1%
e. 20 to 39 times	60	0.7%
f. 40 or more times	163	1.8%
Total	8,878	100.0%

<i>Q-45. Have you ever used any form of cocaine, including powder, crack, or freebase</i>	<u>Count</u>	<u>Percent</u>
a. Yes	377	4.2%
b. No	8,580	95.8%
Total	8,957	100.0%

<i>Q-46. Have you ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high?</i>	<u>Count</u>	<u>Percent</u>
a. Yes	916	10.2%
b. No	8,049	89.8%
Total	8,965	100.0%

<i>Q-47. Have you ever used methamphetamines (also called speed, crystal, crank, or ice)?</i>	<u>Count</u>	<u>Percent</u>
a. Yes	173	1.9%
b. No	8,771	98.1%
Total	8,944	100.0%

<i>Q-48. Have you ever taken steroid pills or shots without a doctor's prescription?</i>	<u>Count</u>	<u>Percent</u>
a. Yes	192	2.1%
b. No	8,776	97.9%
Total	8,968	100.0%

<i>Q-49. Have you ever taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription?</i>	<u>Count</u>	<u>Percent</u>
a. Yes	557	6.2%
b. No	8,401	93.8%
Total	8,958	100.0%

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MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

<i>Q-50. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?</i>	<u>Count</u>	<u>Percent</u>
a. Yes	644	7.3%
b. No	8,220	92.7%
Total	8,864	100.0%

<i>Q-51. Have you ever had sexual intercourse?</i>	<u>Count</u>	<u>Percent</u>
a. Yes	1,323	14.9%
b. No	7,547	85.1%
Total	8,870	100.0%

<i>Q-52. How old were you when you had sexual intercourse for the first time?</i>	<u>Count</u>	<u>Percent</u>
a. I have never had sexual intercourse	7,587	85.2%
b. 8 years old or younger	307	3.4%
c. 9 years old	47	0.5%
d. 10 years old	66	0.7%
e. 11 years old	95	1.1%
f. 12 years old	263	3.0%
g. 13 years old or older	542	6.1%
Total	8,907	100.0%

<i>Q-53. With how many people have you ever had sexual intercourse?</i>	<u>Count</u>	<u>Percent</u>
a. I have never had sexual intercourse	7,627	85.6%
b. 1 person	592	6.6%
c. 2 people	213	2.4%
d. 3 people	128	1.4%
e. 4 people	79	0.9%
f. 5 people	42	0.5%
g. 6 or more people	225	2.5%
Total	8,906	100.0%

<i>Q-54. The last time you had sexual intercourse, did you or your partner use a condom?</i>	<u>Count</u>	<u>Percent</u>
a. I have never had sexual intercourse	7,643	85.8%
b. Yes	823	9.2%
c. No	442	5.0%
Total	8,908	100.0%

<i>Q-55. How do you describe your weight?</i>	<u>Count</u>	<u>Percent</u>
a. Very underweight	261	2.9%
b. Slightly underweight	1,218	13.7%
c. About the right weight	5,260	59.2%
d. Slightly overweight	1,917	21.6%
e. Very overweight	236	2.7%
Total	8,892	100.0%

<i>Q-56. Which of the following are you trying to do about your weight?</i>	<u>Count</u>	<u>Percent</u>
a. Lose weight	3,520	39.6%
b. Gain weight	1,007	11.3%
c. Stay the same weight	2,129	24.0%
d. I am not trying to do anything about my weight	2,222	25.0%
Total	8,878	100.0%

2011 MONTANA YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

Q-57. Have you ever gone without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?	<u>Count</u>	<u>Percent</u>
a. Yes	1,608	18.1%
b. No	7,279	81.9%
Total	8,887	100.0%

Q-58. Have you ever taken any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)	<u>Count</u>	<u>Percent</u>
a. Yes	388	4.3%
b. No	8,545	95.7%
Total	8,933	100.0%

Q-59. Have you ever vomited or taken laxatives to lose weight or to keep from gaining weight?	<u>Count</u>	<u>Percent</u>
a. Yes	427	4.9%
b. No	8,359	95.1%
Total	8,786	100.0%

Q-60. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)	<u>Count</u>	<u>Percent</u>
a. I did not drink 100% fruit juice during the past 7 days	1,758	19.7%
b. 1 to 3 times during the past 7 days	3,347	37.5%
c. 4 to 6 times during the past 7 days	1,526	17.1%
d. 1 time per day	727	8.2%
e. 2 times per day	726	8.1%
f. 3 times per day	333	3.7%
g. 4 or more times per day	497	5.6%
Total	8,914	100.0%

Q-61. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)	<u>Count</u>	<u>Percent</u>
a. I did not eat fruit during the past 7 days	793	8.9%
b. 1 to 3 times during the past 7 days	2,939	33.0%
c. 4 to 6 times during the past 7 days	2,107	23.7%
d. 1 time per day	1,080	12.1%
e. 2 times per day	972	10.9%
f. 3 times per day	486	5.5%
g. 4 or more times per day	516	5.8%
Total	8,893	100.0%

Q-62. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)	<u>Count</u>	<u>Percent</u>
a. I did not drink soda or pop during the past 7 days	1,856	21.0%
b. 1 to 3 times during the past 7 days	4,087	46.3%
c. 4 to 6 times during the past 7 days	1,298	14.7%
d. 1 time per day	616	7.0%
e. 2 times per day	440	5.0%
f. 3 times per day	182	2.1%
g. 4 or more times per day	350	4.0%
Total	8,829	100.0%

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<i>Q-63. During the past 7 days, how many times did you drink a can, bottle, or glass of an energy drink, such as Red Bull or Jolt? (Do not count diet energy drinks or sports drinks such as Gatorade or PowerAde).</i>	<u>Count</u>	<u>Percent</u>
a. I did not drink energy drinks during the past 7 days	6,462	73.0%
b. 1 to 3 times during the past 7 days	1,663	18.8%
c. 4 to 6 times during the past 7 days	287	3.2%
d. 1 time per day	170	1.9%
e. 2 times per day	76	0.9%
f. 3 times per day	43	0.5%
g. 4 or more times per day	145	1.6%
Total	8,846	100.0%

<i>Q-64. During the past 7 days, on how many days did you eat breakfast?</i>	<u>Count</u>	<u>Percent</u>
a. 0 days	711	8.1%
b. 1 day	491	5.6%
c. 2 days	503	5.7%
d. 3 days	536	6.1%
e. 4 days	532	6.0%
f. 5 days	640	7.3%
g. 6 days	734	8.3%
h. 7 days	4,678	53.0%
Total	8,825	100.0%

)	<u>Count</u>	<u>Percent</u>
a. 0 days	549	6.3%
b. 1 day	421	4.8%
c. 2 days	568	6.5%
d. 3 days	874	10.0%
e. 4 days	1,037	11.9%
f. 5 days	1,343	15.4%
g. 6 days	885	10.1%
h. 7 days	3,057	35.0%
Total	8,734	100.0%

<i>Q-66. On an average school day, how many hours do you watch TV?</i>	<u>Count</u>	<u>Percent</u>
a. I do not watch TV on an average school day	1,118	12.7%
b. Less than 1 hour per day	1,790	20.4%
c. 1 hour per day	1,575	17.9%
d. 2 hours per day	1,947	22.2%
e. 3 hours per day	1,214	13.8%
f. 4 hours per day	543	6.2%
g. 5 or more hours per day	595	6.8%
Total	8,782	100.0%

2011 MONTANA YOUTH RISK BEHAVIOR SURVEY

MIDDLE SCHOOL STUDENT FREQUENCY DISTRIBUTIONS

<i>Q-67. On an average school day, how many hours do you play video or computer games or use a computer for something that is not school work? (Include activities such as Xbox, PlayStation, Nintendo DS, iPod Touch, Facebook, and the Internet.)</i>	<u>Count</u>	<u>Percent</u>
a. I do not play video or computer games or use a computer for something that is not school work	1,273	14.5%
b. Less than 1 hour per day	2,405	27.3%
c. 1 hour per day	1,690	19.2%
d. 2 hours per day	1,410	16.0%
e. 3 hours per day	913	10.4%
f. 4 hours per day	449	5.1%
g. 5 or more hours per day	667	7.6%
Total	8,807	100.0%
<i>Q-68. In an average week when you are in school, on how many days do you go to physical education (PE) classes?</i>	<u>Count</u>	<u>Percent</u>
a. 0 days	922	10.6%
b. 1 day	267	3.1%
c. 2 days	1,234	14.2%
d. 3 days	2,792	32.1%
e. 4 days	488	5.6%
f. 5 days	2,985	34.4%
Total	8,688	100.0%
<i>Q-69. During the past 12 months, on how many sports teams did you play? (Count any teams run by your school or community groups.)</i>	<u>Count</u>	<u>Percent</u>
a. 0 teams	2,186	24.9%
b. 1 team	1,973	22.5%
c. 2 teams	1,926	21.9%
d. 3 or more teams	2,700	30.7%
Total	8,785	100.0%
<i>Q-70. Have you ever been taught about AIDS or HIV infection in school?</i>	<u>Count</u>	<u>Percent</u>
a. Yes	5,457	62.2%
b. No	1,678	19.1%
c. Not sure	1,635	18.6%
Total	8,770	100.0%
<i>Q-71. Has a doctor or nurse ever told you that you have asthma?</i>	<u>Count</u>	<u>Percent</u>
a. Yes	1,517	17.4%
b. No	6,613	76.0%
c. Not sure	572	6.6%
Total	8,702	100.0%
<i>Q-72. Do you still have asthma?</i>	<u>Count</u>	<u>Percent</u>
a. I have never had asthma	5,804	67.0%
b. Yes	1,192	13.8%
c. No	903	10.4%
d. Not sure	768	8.9%
Total	8,667	100.0%

<i>Injury and Violence</i>	1999	2001	2003	2005	2007	2009	2011
Percentage of students who . . .							
Rode a bicycle and never or rarely wore a bicycle helmet during the past 12 months	81.8	79.2	77.9	77.9	~	75.9	74.4
Never or rarely wore a seat belt when riding in a car driven by someone else	19.6	16.5	14.3	11.1	13.1	9.6	9.3
Never or rarely wore a seat belt when driving a car		32.6	26.5	22.3	~	22.6	29.7
Rode in a car driven by someone who had been drinking alcohol during the past 30 days	28.8	26.0	24.8	24.6	~	21.5	21.2
Drove a car when they had been drinking alcohol during the past 30 days	8.3	6.8	6.8	5.8	~	5.0	~
Carried a weapon such as a gun, knife, or club during the past 30 days	25.7	24.3	22.1	24.5	~	24.2	23.8
Carried a gun during the past 30 days	12.3	12.9	10.8	11.5	~	10.6	11.1
Carried a weapon on school property during the past 30 days	8.4	5.9	6.2	5.5	~	8.1	5.5
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	6.4	6.5	6.6	6.2	~	6.0	6.7
Had property such as their car, clothing, or books stolen or deliberately damaged on school property during the past 12 months			34.4	33.3	~	~	23.6
Had been threatened or injured with a weapon on school property during the past 12 months	10.0	10.6	9.6	8.8	~	7.7	6.3
Were in a physical fight during the past 12 months	46.1	40.3	40.4	41.1	~	38.4	32.2
Were injured in a physical fight that required medical treatment during the past 12 months	5.0	4.6	4.4	4.2	~	4.1	2.8
Were in a physical fight on school property during the past 12 months	24.7	21.0	21.6	20.9	~	18.1	14.6
Were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months	8.8	7.5	8.0	7.8	~	~	~
Have ever been physically forced to have sexual intercourse when they did not want to	6.9	6.1	6.5	5.9	~	~	~
Had ever been bullied on school property						38.1	50.2
Had been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging during the past 12 months						18.1	23.8

<i>Injury and Violence</i>							
Percentage of students who . . .	1999	2001	2003	2005	2007	2009	2011
Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	24.4	23.3	24.5	23.6	~	22.1	21.3
Seriously considered attempting suicide during the past 12 months	17.9	16.8	16.6	15.0	~	16.7	13.4
Made a plan about how they would attempt suicide during the past 12 months	16.1	13.3	13.6	12.5	~	10.0	11.1
Actually attempted suicide during the past 12 months	13.3	15.9	12.8	12.2	~	6.1	10.8
Had a suicide attempt resulting in injury, poisoning, or overdose that required medical treatment during the past 12 months	4.0	3.8	3.0	3.1	~	5.4	3.3

<i>Tobacco Use</i>							
Percentage of students who . . .	1999	2001	2003	2005	2007	2009	2011
Ever tried cigarette smoking	53.9	46.5	40.4	34.9	27.1	26.4	22.0
Smoked a cigarette before age 13	32.3	25.5	21.3	17.4	15.0	13.9	19.0
Smoked a cigarette on one or more of the past 30 days ("current")	21.7	15.8	13.2	11.4	9.7	9.7	7.5
Smoked cigarettes on 20 or more of the past 30 days ("frequent")	6.7	4.7	3.8	2.4	2.2	2.4	1.8
Among current smokers, smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	7.8	8.4	7.8	7.0	8.6	8.0	9.2
Usually got their cigarettes by buying them in a store or gas station during the past 30 days		1.0	0.7	0.5	1.0	0.6	0.6
Smoked cigarettes on school property during the past 30 days	7.5	5.0	4.5	3.4	~	~	2.7
Ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days ("regular")	16.5	10.2	10.2	8.3	8.5	6.2	7.1
Among current smokers, tried to quit smoking during the past 12 months		99.4	86.3	68.8	~	~	~
Used chewing tobacco, snuff, or dip during the past 30 days	8.8	7.4	6.5	6.5	6.4	6.2	5.2
Used chewing tobacco, snuff, or dip on school property during the past 30 days	4.0	4.2	3.4	3.0	~	~	2.8
Smoked cigars, cigarillos, or little cigars during the past 30 days	9.0	5.8	6.2	5.1	5.7	5.4	4.2

Alcohol and Other Drug Use	1999	2001	2003	2005	2007	2009	2011
Percentage of students who . . .							
Had at least one drink of alcohol during their life	68.0	63.2	61.2	55.8	44.8	39.9	35.8
Had first drink of alcohol before age 13	47.9	43.4	40.2	35.5	32.4	28.4	25.8
Had at least one drink of alcohol during the past 30 days ("current")	32.9	30.2	27.2	22.9	~	20.1	15.5
Had five or more drinks of alcohol in a row during the past 30 days ("binge drink")	20.1	17.9	15.2	11.9	13.1	11.2	8.3
Among current drinkers, usually got the alcohol they drank from someone who gave it to them	~	~	~	~	~	~	32.2
Had at least one drink of alcohol on school property during the past 30 days	4.4	4.3	3.9	2.9	~	~	2.9
Used marijuana during their life	23.3	21.0	19.4	15.1	15.3	14.9	15.3
Tried marijuana before age 13	16.4	13.6	14.2	10.4	9.9	9.4	9.8
Used marijuana during the past 30 days ("current")	13.3	12.5	11.3	8.5	~	9.0	9.0
Used any form of cocaine during their life	6.5	5.7	5.1	3.7	5.9	4.3	4.2
Used any form of cocaine during the past 30 days ("current")	3.6	3.7	3.2	2.2	~	~	~
Used inhalants during their life	19.2	15.4	16.9	15.0	17.2	13.2	10.2
Used heroin during their life	3.5	3.0	2.9	2.0	~	~	~
Used methamphetamines during their life	7.5	5.7	4.6	2.8	3.0	5.0	1.9
Used ecstasy during their life			3.8	2.7	~	~	~
Took steroid pills or shots without a doctor's prescription during their life	4.8	4.3	4.4	3.0	4.7	3.2	2.1
Have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription	~	~	~	~	~	~	6.2
Were offered, sold, or given an illegal drug on school property during the past 12 months	19.6	17.0	16.4	13.8	~	8.0	7.3

<i>Sexual Behaviors</i>	1999	2001	2003	2005	2007	2009	2011
Percentage of students who . . .							
Ever had sexual intercourse	21.4	19.3	20.2	18.6	16.0	16.8	14.9
Had sexual intercourse before age 13	11.3	9.6	10.9	10.1	10.3	10.8	8.7
Had sexual intercourse with four or more people during their life	5.3	4.9	5.5	4.0	3.8	4.4	3.9
Had sexual intercourse during the past three months ("current")	10.3	9.7	9.4	8.3	~	8.6	~
Drank alcohol or used drugs before last sexual intercourse	31.8	37.8	32.8	29.6	~	30.4	~
Used a condom during last sexual intercourse	61.6	64.9	66.3	67.7	69.4	64.9	65.1
Currently sexually active and used birth control pills to prevent pregnancy before last sexual intercourse	6.1	7.6	5.7	7.7	~	~	~
Had ever been taught about AIDS or HIV infection	84.0	80.9	79.1	78.0	71.2	66.3	62.2

Weight Management and Dietary Behaviors	1999	2001	2003	2005	2007	2009	2011
Percentage of students who . . .							
Described themselves as slightly or very overweight	26.8	26.3	27.3	26.8	25.3	25.1	24.3
Were trying to lose weight	40.4	42.4	42.5	42.6	42.9	40.2	39.6
Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days	12.5	12.3	12.1	11.2	~	8.3	18.1
Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days	6.0	6.0	4.8	3.9	~	2.9	4.3
Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	5.4	5.4	5.1	5.0	~	3.7	4.9
Drank 100% fruit juices during the past seven days	82.5	80.0	80.3	79.4	~	77.9	80.3
Ate fruit during the past seven days	89.4	89.3	89.4	89.5	~	90.6	91.1
Ate green salad during the past seven days	72.3	71.2	70.1	67.8	~	~	~
Ate potatoes during the past seven days	75.1	71.9	72.5	68.8	~	~	~
Ate carrots during the past seven days	59.8	58.9	58.9	57.6	~	~	~
Ate other vegetables during the past seven days	86.0	83.9	84.6	83.8	~	~	~
Drank a can, bottle, or glass of soda or pop daily during the past seven days						19.7	18.1
Drank three or more glasses per day of milk during the past seven days	33.7	30.7	29.1	28.0	~	23.5	~
Drank a can, bottle, or glass of an energy drink, such as Red Bull or Jolt (not sports drinks such as Gatorade or PowerAde), during the past seven days							17.0
Ate breakfast daily during the past 7 days						47.9	53.0

Physical Activity							
Percentage of students who . . .	1999	2001	2003	2005	2007	2009	2011
Were physically active for a total of at least 60 minutes per day on five or more of the past seven days					56.0	56.3	60.5
Watched three or more hours per day of TV on an average school day	31.6	28.9	30.7	29.8	27.0	26.8	26.8
Played 3 or more hours of video or computer games or used a computer for something not school-related on an average school day					19.6	18.0	23.1
Attended physical education (PE) classes on one or more days in an average week when they were in school	89.2	85.9	88.5	88.6	89.8	87.5	89.4
Attended physical education (PE) classes daily in an average week when they were in school	32.1	29.2	23.2	25.0	27.1	29.2	34.4
Played on one or more sports teams during the past 12 months	78.3	76.5	75.0	75.2	78.1	73.0	75.1

Other							
Percentage of students who . . .	1999	2001	2003	2005	2007	2009	2011
Had ever been told by a doctor or nurse that they had asthma				16.3	18.0	17.4	17.4
Currently have asthma					12.9	13.1	13.8